

How to make your space more date-friendly by Sagar Bohnstedt

Did you know that your chance of succeeding in finding a partner or keeping the one you have lies in your house?

Here is what you have to do:

First draw the outlines of your home on a piece of paper. Then, no matter the shape of your home, you extend all the lines so you end up with a square. Divide the square into nine equally size squares. Hold your drawing in front of you, looking from your main entrance into your home. The reflection on your love is in the far top right corner. This is where your love power centre is. And this is where you can affect your love life in a positive direction.

Your home reflects your life like a mirror. By addressing your love area you will soon find out how the status of love and relationship is in your life. And the more honest you can be with yourself, the more help there is to get.

If you would like to strengthen the love between you and your partner, this is the place. It is also here where you can have an effect on your life if you would like to find a romantic partner or would like to get rid of one. Then you observe and sense what the status of this area is. Does it feel good to be in this part of your home? Do you feel happy? Is it a place that supports you, no matter what its function in the house is? It is not important that your bedroom is located here, but rather that you use the room that is represented in this love sphere and that it feels good to be in it.

If this area is full of clutter, then you will most likely be alone or having a none-existing love life. First step is to clean up and get rid of everything that is not needed. If you can't move around in this area, your love is stuck too. You might find it hard to express your needs and feelings. Cleaning up in this area can be scary. Having a lot of things is also a way of protecting yourself. So be ready when you start to clean out. Chances are that the heat will rise.

If you find that your love area is not even inside your home (can be that it is in the garden or belongs to your next door neighbor.) Don't panic! If you have access to the area (e.g. your garden) make it look great. You can put light there, a small fountain, or flowers, anything that will make you smile and feel good inside. If you don't have access to the area, then work on the wall facing the missing area. Put up a great painting that reminds you of your longing. If you want to find a partner or support your existing relationship, you can put up a picture with two people in love, you place candles (remember to lit them as well) or other things that reminds you of your longing. Make sure it is something you like, so whenever you look at it, you feel good! (Don't worry about your guest; they don't need to know what you're up to.)

Remember your home reflex you and if this part of your house is neglected, so is your care for yourself, and I most likely your partner too. When you start to become aware of the situation, you have the opportunity to make a conscious change. Why struggle and feel lonely if by changing a few things around in your home you can find love?

7 ways to empower you love area:

- If you want to have more intimacy, attract a partner or increase your sex-life bring in the color red. Use it on the wall, in paintings, flowers, pillows. If you decided to paint a wall, don't use a strong bright red, it is very powerful and properly too strong. Find a red mixed with brown, it will give you a softer and lasting support.
- Yellow and brown colors brings you trust and self confidence. If you need more calm in your love life, are not confident that you can find love again, or need more confidence to leave your partner, the earth element can be useful. The earth element establishes stability. Perhaps your relationship has been through a turbulent period and you need calm. You can support this development by adding the earth element to the love area.
- Place candles, beautiful things that remind you of love and compassion.
- Have a double bed or two single beds in your bedroom, to show that there is space for one more.
- Decorate the area so you feel supported. Use warm colors and put lots of light especially in the winter time.
- If you find it hard to express your feelings or if things between you and your partner are often going badly, it can help to add the blue color. Adding this will make it easier to say things and will improve your interpersonal communication. You will find it easier to express your feelings about yourself.
- If you want to paint a color, try only painting one wall. In that way the color won't be too dominating.
- Use whatever you already have at home. Moving it might bring new live to thing that you were about to throw out.
- Never keep things that you don't like or reminds you of people you rather not think of. (Even though it might have said in a book that it was good. If you don't it, it will never work for you!)
- If you want to attract a new partner, get rid of everything that reminds you of your ex.
- Make the love area your temple; ask yourself what you need to feel good there.